

Childcare Provider Support Group Calendar

Our 7-session support group “Teacher’s Chit Chat” will be held every other Friday evening at 6:30 pm for an hour. The purpose of this group is to develop a community to share resources, challenges, and ask questions. We hope to share information about mental wellness and provide a virtual shoulder to lean on and provide a listening ear.

Where: It will be held on Zoom to accommodate your busy schedules. Each session will include a zoom link to attend.

When: Every other Friday evening at 6:30 pm – 7:30 pm. The first session will be **May 26, 2023**.

Date	Topic	Location	Facilitator
May 26, 2023, 6:30 pm – 7:30 pm	Welcome to FCCN “chit chat”! Let’s chit chat and get to know each other!	Zoom	Amy Eng
June 9, 2023, 6:30 pm – 7:30 pm	Let’s chit chat about stress and managing stress	Zoom	Amy Eng
June 23, 2023, 6:30 pm – 7:30 pm	Let’s chit chat about self-care .	Zoom	Amy Eng
July 7, 2023, 6:30 pm – 7:30 pm	Let’s chit chat about developing healthy boundaries .	Zoom	Amy Eng
July 21, 2023, 6:30 pm – 7:30 pm	Let’s chit chat about gratitude .	Zoom	Amy Eng
August 4, 2023, 6:30 pm – 7:30 pm	Let’s chit chat about changes .	Zoom	Amy Eng
August 18, 2023, 6:30 pm – 7:30 pm	Goodbyes and wrapping up our time together Let’s chit chat about transitions .	Zoom	Amy Eng

Zoom link details:

Topic: Teacher's "Chit Chat" Group

Time: May 26, 2023 06:30 PM Eastern Time (US and Canada)

[Join Zoom Meeting](#)

<https://us06web.zoom.us/j/82993083529?pwd=WWFyQ2oxM2JyS1JvMnBRcy9kU2lwQT09>

Meeting ID: 829 9308 3529

Passcode: 310801